

GITARREN WORKOUT

Level 3 || Runde 8 || String Skipping

BECKERS NOTENSCHMIEDE

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www.beckers-notenschmiede.com

♩ = 100

A Übung #1

2 4 1 4 2 4 1 4 2 4 2 4 4 1 3 1 4 1 3 1 3 1 4 1 2 4 1 4 1 4 1 3 2 4 2 4 3 1 3 1 4 1 3 1 3 1 3 1 4x

3-5 2-5 2-5 3-5 2-5 8-5 7-5 8-5 7-5 7-5 7-5 7-5 8-5 8-10 7-9 8-10 7-9 12 10 12 9 13 10 12 9 12 10 12 10 12 10 12 10 12 4x

B Übung #2

4 2 4 1 4 2 4 1 4 2 4 2 1 4 1 3 1 4 1 3 1 3 1 4 4 2 4 1 4 1 3 1 4 2 4 2 1 3 1 3 1 4 1 3 1 3 1 3 4x

5-2 5-2 5-2 5-3 5-2 5-8 5-7 5-8 5-7 5-7 5-7 5-8 10-8 10-7 9-7 10-8 9-7 10 12 9-12 10 13 9-12 10 12 9-12 10 12 10 12 10 12 4x

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C Übung #3

1 3 2 1 4 1 1 4 1 1 3 2 1 3 4 1 3 2 1 3 2 1 3 4

3 5 4 5 7 5 9 7 9 10 9 10 9 5 5 6 6 8 8 10 10 7 9 7 9 8 10 8 10

D Übung #4

1 3 2 1 3 4 1 3 4 1 3 2 1 3 4 1 3 4 1 4 1 1 3 4 1 3 4 1 3 2 1 3 4 1 3 2 1 3 4

3 5 4 5 3 5 3 5 6 7 7 7 7 9 9 10 9 7 5 7 7 9 7 9 9 11 7 9 6 7 4 6 5 7